

**BY ORDER OF THE COMMANDER
AIR FORCE OFFICER ACCESSION AND
TRAINING SCHOOLS (AETC)**



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AFOATS SUPPLEMENT 1**

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Personnel

**ADMINISTRATION OF MILITARY
STANDARDS AND DISCIPLINE TRAINING**

COMPLIANCE WITH THIS PUBLICATION IS MANDATORY

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AETCI 36-2216, 16 June 2004, is supplemented as follows:

This publication supplements AETCI 36-2216, *Administration of Military Standards and Discipline Training*. It provides further guidance on prohibited training, discipline reinforcement training (DRT), and motivational training in relation to Air Force Reserve Officer Training Corps (AFROTC), Officer Training School (OTS), and Junior Reserve Officer Training Corps (JROTC). Ensure that all records created as a result of processes prescribed in this publication are maintained in accordance with AFMAN 37-123 (will convert to AFMAN 33-363), *Management of Records*, and disposed of in accordance with the Air Force Records Disposition Schedule (RDS) located at: <https://afrims.amc.af.mil/>. Refer recommended changes and questions about this publication to the Office of Primary Responsibility (OPR) using the AF Form 847, *Recommendation for Change of Publication*; route AF Forms 847 from the field through the appropriate functional's chain of command.

5.7. (Added) (AFOATS) The following conduct is strictly prohibited:

5.7.1. (Added) (AFOATS) Hazing – Any conduct whereby a military member or members, regardless of service or rank, causes another military member or members, regardless of service or rank, to suffer or be exposed to any activity which is cruel, abusive, humiliating, oppressive, demeaning or harmful.

5.7.2. (Added) (AFOATS) Physical discipline – Using disciplinary exercises such as push-ups, deep knee bends, sit ups, low crawl or any other activity administered with the intent of exhausting the student.

5.7.3. (Added) (AFOATS) Maltraining – Any practice not designed to meet a course training objective. Examples of maltraining include but are not limited to using abusive, excessive

physical exercise or unnecessarily rearranging the property of an Airman to correct infractions. Any practice for the purpose of inducing an Airman to self-eliminate is considered maltraining.

5.7.4. (Added) (AFOATS) Maltreatment (Physical) – Conduct that includes but is not limited to poking, hitting, thumping, pushing, grabbing, threats of violence, physical violence, physical intimidation, hazing or any unnecessary physical contact.

5.7.5. (Added) (AFOATS) Maltreatment (Verbal) – Any language that degrades, belittles, demeans, or slanders an individual or group based on color, national origin, race, religion, age, ethnic group, gender, or physical stature. Includes but is not limited to (1) the use of profanity and any insinuation of immoral, unethical, illegal, or unprofessional conduct; (2) crude, offensive language in rhymes or prose as memory devices (mnemonics); and/or (3) training tools that contain profane words, offensive language, or inappropriate sexual or gender references. Any language that establishes a hostile environment constitutes and promotes sexual harassment, or disrespect to men and/or women.

5.8. (Added) (AFOATS) The following conduct is authorized upon approval of Air Force Officer Accession and Training Schools Commander (AFOATS/CC):

5.8.1. (Added) (AFOATS) Discipline Reinforcement Training (DRT) – Programs designed to reinforce training objectives initiated during officer training and to continually emphasize core values, equal opportunity and treatment and environmental awareness. This training may include approved physical exercises of a short duration intended to immediately remedy minor discrepancies and attention to detail.

5.8.2. (Added) (AFOATS) DRT activities must meet with prior approval of the AFOATS commander.

5.8.3. (Added) (AFOATS) When submitting a DRT program for approval, the program must describe how the DRT will further a specific training objective, how individual commanders and instructors will be trained to administer DRT, and a detailed description of how particular DRT will be conducted and what safeguards will be in place to ensure that the DRT will not amount to physical discipline.

5.8.4. (Added) (AFOATS) DRT, if approved by the AFOATS commander, must conform to the following guidelines:

5.8.4.1. (Added) (AFOATS) All DRT activities must be specifically designed to remedy a specific discrepancy.

5.8.4.2. (Added) (AFOATS) Any unit administering an activity must be able to clearly articulate the remedial effect the training will have on the discrepancy to be remedied.

5.8.4.3. (Added) (AFOATS) DRT will be administered with due concern for environmental conditions such as weather, trainee fitness levels, time of day, and trainee morale levels.

5.8.4.4. (Added) (AFOATS) DRT will be administered by commissioned officers. Under no circumstances will DRT be administered by a cadet, officer trainee or student.

5.9. (Added) (AFOATS) The following conduct is authorized upon approval of Air Force Reserve Officer Training Corps Commander (AFROTC/CC), Officer Training School Commander (OTS/CC), or Junior Reserve Officer Training Corps (JROTC) Director:

5.9.1. (Added) (AFOATS) Motivational Training – The use of specified and approved training tools (physical exercise/tasks or training aids) to motivate students and/or build teamwork to accomplish a specific goal or training objective to promote student success.

5.9.2. (Added) (AFOATS) Motivational training activities must meet with prior approval of the AFROTC commander, the OTS commander or JROTC Director.

5.9.3. (Added) (AFOATS) Motivational training in AFOATS must conform to the following guidelines:

5.9.3.1. (Added) (AFOATS) All motivational training activities must be specifically designed to meet a legitimate training objective such as physical fitness or mental well-being.

5.9.3.2. (Added) (AFOATS) Physical motivational training must be conducted within the context of an organized physical training activity such as a required weekly physical training session. No student may be required to partake of physical activity over and above that taken by the group as a whole.

5.9.3.3. (Added) (AFOATS) Motivational training may never be administered with punitive or corrective intent.

5.9.3.4. (Added) (AFOATS) Motivational training must be administered with due concern for environmental conditions such as weather, trainee fitness levels, time of day, and trainee morale levels.

5.9.3.5. (Added) (AFOATS) Motivational training will not include discipline reinforcement training or physical discipline.

The following are added to Attachment 1

Abbreviations and Acronyms

AFROTC – Air Force Reserve Officer Training Corps

DRT – Discipline Reinforcement Training

JROTC – Junior Reserve Officer Training Corps

OTS – Officer Training School

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